



Jointcare Max



Overview:

JointCare Max is an optimal supplement to promote and preserve joint health. Critical components like collagen, chondroitin sulfate, glucosamine sulfate, and turmeric extract combine to improve joint flexibility, lessen discomfort, and improve overall joint function. Those who are looking to keep their joints healthy as they age or who are experiencing joint stiffness or soreness may find this supplement very beneficial. Let's look deep into its ingredients.

1. Glucosamine Sulphate:

Function: It is essential for the development of cartilage, the hard connective tissue that cushions joints.

Benefits:

- **Supports Joint Health:** Assists in cartilage preservation and repair, assisting in the prevention of joint tissue deterioration.
- **Reduces Joint Pain:** By lowering pain and increasing joint mobility, this may help to lessen the symptoms of osteoarthritis.
- **Improves Flexibility:** Promotes total joint flexibility by helping to preserve the elasticity and strength of cartilage.



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2. Chondrotin sulphate:

Function: A critical component of cartilage that aids in water retention and supplies the nutrients required for cartilage regeneration and repair.

Benefits:

- **Maintains Cartilage Integrity:** Assists in preserving the cartilage's structural integrity, slowing down the advancement of joint deterioration.
- **Reduces Inflammation:** Possesses anti-inflammatory qualities that help lessen swelling and soreness in the joints.
- **Enhances Joint Performance:** Functions in concert with glucosamine to improve the flexibility and function of joints.

3. Collagen:

Function: The structure of bones, tendons, ligaments, and skin is made of the protein collagen. In particular, type II collagen is essential for healthy joints.

Benefits:

- **Strengthens Joints:** Gives joints structural support and tensile strength to increase their durability.
- **Supports Cartilage Regeneration:** This helps maintain long-term joint health by promoting the regeneration of

Joint Cartilage.

- **Reduces Joint Discomfort:** May assist in easing the discomfort that degenerative joint diseases cause in the joints.

4. Turmeric Extract:

Function: Curcumin, a bioactive substance with strong anti-inflammatory and antioxidant effects, is found in turmeric.

Benefits:

- **Diminishes Inflammation:** Curcumin relieves pain and stiffness in joints by reducing inflammation.
- **Guards Ligament Tissues:** Because of its antioxidant qualities, joint tissues are shielded from oxidative stress, which can cause degeneration.
- **Improves Coordination of Motion:** Turmeric extract promotes improved joint mobility and general function by lowering pain and inflammation.
- **Reduce swelling and pain:** Taking curcumin, a chemical found in turmeric, by mouth, or as a lozenge or mouthwash, seems to prevent swelling and pain.

Precautions:

It is advised to consult a healthcare provider before starting any supplement.

References:

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2. Mathy, M., and Y. Henrotin (2010). **Current Medical Research and Opinion**, 26(9), 2227-2237. Beneficial Effects of Collagen Hydrolysate: A Review of Clinical Studies.
3. B. B. Aggarwal and K. B. Harikumar (2009). **Arthritis Research & Therapy**, 11(4), 206. Potential Therapeutic Effects of Curcumin, the Anti-Inflammatory Agent, Against Joint Disease.

